

6. The roof of the world

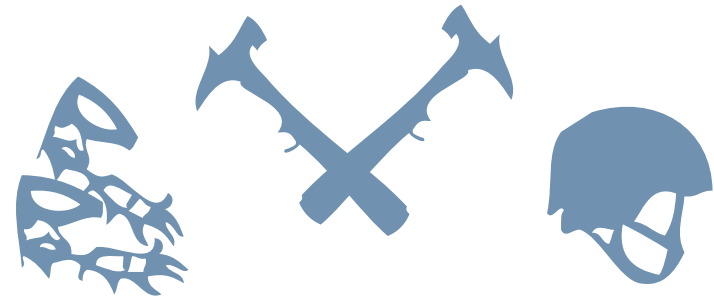
Now you are looking up at the snowy peaks all around you. Those peaks above you are huge. That's why the Himalayas are sometimes called 'the roof of the world'.

So far you have managed your trek with strong boots and a walking pole. If you want to climb higher up the mountain you will need proper climbing gear.



Climbing gear

- ice axes
- crampons
(Spikes to put on your boots to help them grip the ice)
- ropes
- a safety helmet
- oxygen bottles to breathe from



Climbing Everest is very dangerous. Over 250 climbers have died trying to climb it.