Three knights stepped forwards.

"Superb!" shouted Sir John, "follow me!"

The castle courtyard had been turned into a jousting arena. There was a low wall going through the centre of the courtyard and a stand for the crowd to sit in.

Sir John grabbed the first of the knights who had challenged him.

"The two of us will prepare ourselves and get ready for the joust!" called out Sir John.

The crowd clapped – no one louder than Irwin and Mary.

A few minutes later, Sir John and his challenger were dressed in full-body armour.

"LET THE KNIGHT OLYMPICS BEGIN!" shouted Sir John.

The crowd cheered.

