

Why Are Bogeys Green?

Hi Dr Sicknote.

Why are my bogeys green when I've got a cold?



Hello Dinesh!

This question really gets up my nose.

Bogeys are made inside your nose from slimy stuff called **mucus**. Mucus traps dirt and germs and stops them reaching your lungs.



Most of the time, mucus is clear. But it can turn green if you've got a cold. This is because it's full of blood cells that have come to fight and kill the germs. These cells have a green colour, which

TURNS YOUR BOGEYS GREEN!

Sick note

Your bogeys are important. They're a sign that your nose is working properly. Remember, everyone has them!